

THE MAY 50K

#KissGoodbyeToMS

**KISS
GOODBYE
TO MS**

TOGETHER WE'RE LEAVING OUR LIMITS BEHIND.

This May a team of us from _____ are challenging ourselves to run or walk 50km throughout the month to raise funds for life-changing multiple sclerosis research.

**JOIN OUR TEAM AND HELP US
KISS GOODBYE TO MS.**

Sign up to The May 50K for free today.
Register now at themay50k.com

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 **ms**
international
federation